

A Collaboration of Penn State Health & UPMC Pinnacle

# A SIX-COUNTY

Berks | Cumberland | Dauphin | Lancaster | Lebanon | Perry

# COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN



Penn State Health Milton S. Hershey Medical Center
Penn State Health Holy Spirit Medical Center
Penn State Health St. Joseph Medical Center
Penn State Health Hampden Medical Center
Pennsylvania Psychiatric Institute
Penn State Health Rehabilitation Hospital

# **Table of Contents**

Our Commitment to Community Health	2
Overview	3
Priority #1: Mental Health	7
Priority #2: Health Equity	. 10
Projected Resources	. 13
Additional Information and Feedback	. 13
Board Approval	. 14
References	. 17

# **Our Commitment to Community Health**

Penn State Health is committed to understanding and addressing the health needs of the communities it serves and promoting sustainable and collaborative action. To best do that, the health system partnered with community organizations and members to complete its fourth Community Health Needs Assessment (CHNA) and develop a plan to address the prioritized needs identified.

For this fourth assessment cycle, Penn State Health formed a collective workgroup that included Penn State Health Milton S. Hershey Medical Center, Penn State Health Holy Spirit Medical Center, Penn State Health St. Joseph Medical Center, Penn State Health Hampden Medical Center, Pennsylvania Psychiatric Institute, Penn State Health Rehabilitation Hospital and key community stakeholders to identify and address the needs of residents living in Berks, Cumberland, Dauphin, Lancaster, Lebanon and Perry counties. The Lancaster community was included because Penn State Health Lancaster Medical Center was under construction during this assessment. The Department of Public Health Sciences at Penn State College of Medicine coordinated the CHNA efforts. By taking a systemwide approach to data collection and community health planning, Penn State Health will leverage system assets across the service area to address prioritized health needs.

The following pages describe the Implementation Plan developed to address these prioritized health needs. We thank all our community partners and employees who joined us to develop this plan to improve health across the region and reduce health disparities. We look forward to further collaborating and partnering over the next three years to strengthen our community together.

Thank you,

#### **Ashley Visco**

Community Health Director Penn State Health and Penn State Health Milton S. Hershey Medical Center avisco@pennstatehealth.psu.edu

#### Sister Mary Joseph Albright

Vice President of Mission Integration Penn State Health Holy Spirit Medical Center malbright2@pennstatehealth.psu.edu

#### **James Bennett**

Senior Vice President and Chief Operating Officer Penn State Health St. Joseph Medical Center jbennett1@pennstatehealth.psu.edu

#### Don McKenna

West Shore Region Hospital President Penn State Health Hampden Medical Center and Holy Spirit Medical Center dmckenna2@pennstatehealth.psu.edu

#### **Ruth Moore**

Director, Business Development & Admissions Pennsylvania Psychiatric Institute rmoore@ppimhs.org

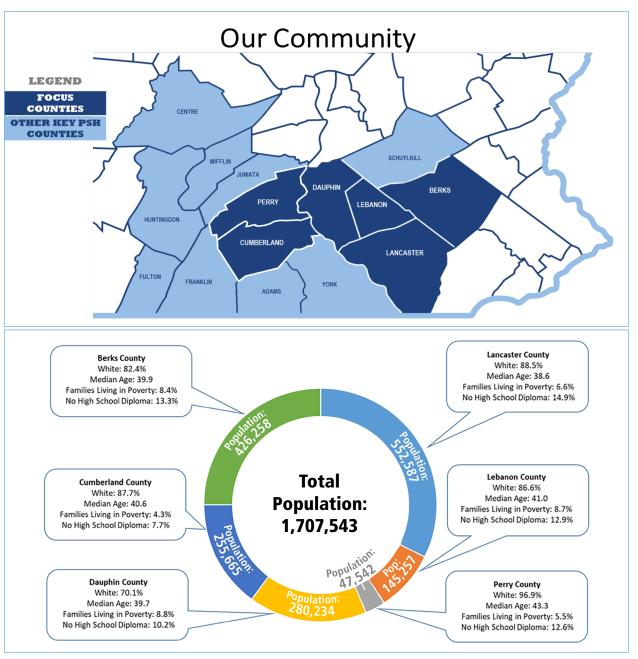
#### Michelle Von Arx

Chief Executive Officer
Penn State Health Rehabilitation Hospital
<u>mvonarx@selectmedical.com</u>

## **Overview**

## **Community Description**

The service area defined for purposes of the CHNA encompasses 225 ZIP codes in six Pennsylvania counties: Berks, Cumberland, Dauphin, Lancaster, Lebanon and Perry. These six focus counties represent the community where health care resources are available and provided by the partnering Penn State Health organizations. The counties are also home to the majority of Penn State Health's patient population.



### **Three Priority Areas**

The 2021 CHNA gathered community input and compared health trends and disparities across the six-county service area. Specific CHNA steps included a kickoff meeting, monthly hospital leadership meetings, a key informant survey completed by community leaders, a community member survey, a review of other public health data sources already gathered for our service area, a review of our former implementation plan outcomes and resources, and two community partner forums and a steering committee meeting to gather additional feedback and prioritize community health needs. The entire process engaged over 3,000 individuals. Based on this work, our hospitals, in collaboration with our community partners, will focus systemwide health improvement efforts over the next three-year cycle on the identified priority areas of 1) Mental Health 2) Health Equity and 3) Wellness and Disease Prevention.

Mental Health includes a focus on community groups, such as the LGBTQ+ community, people of color and youth. Substance use disorder will also be addressed under this priority. Health Equity covers concerns that include access to care, elder issues with access, social determinants of health, racism, diversity, transportation and housing. Wellness and Disease Prevention encompasses food access and nutrition, substance use prevention, chronic disease prevention, health education and physical activity. These priorities are interrelated, and one cannot be addressed without the other.



## **Implementation Plan**

To develop our Implementation Plan, internal employees and community partners attended a kickoff meeting, where CHNA findings and partner forum recommendations were shared. Participants organized into the following task forces to best develop our plan: 1) Mental Health; 2) Health Equity; 3) Chronic Disease and Risk Factor Prevention; 4) Nutrition and Food Access; and 5) Physical Activity. These task forces met from November 2021 to February 2022 to discuss key findings from the CHNA; explore underserved communities through review of Community Need Index (CNI) scores, life expectancy measures and other key social determinants of health; find additional community partner resources; and develop a plan. The plan includes key program descriptions, goals and objectives to be met over the next three years.

Due to the overlapping nature of our priorities, all five task forces have proposed similar programs to expand communication and promote existing resources. All have agreed to continue to meet and engage new partners over the three years of this plan to encourage dialogue among themselves and continue to streamline and strengthen each other's community efforts. Additionally, each task force plans to compile an inventory of community resources that are currently available to not only increase awareness among the group but also to advertise to community members. Not knowing what resources are available and how to access them was a clear message heard during our CHNA process. Through key partnerships with organizations listed at the end of this document, the plan is to make these resources more well known — through PA 211, for example, a free and confidential service that helps people find the local resources they need 24/7.

Our projects focus heavily on community education, another message we heard through our CHNA process. In addition, many of our projects will serve more than one of our identified community needs. For example, increasing our outreach and programming to more food pantries across our service area furthers our work in the areas of Health Equity, Wellness and Disease Prevention and Nutrition and Food Access. Within each priority area, we will be focusing our efforts on communities identified with the highest need. These might be areas with larger minority populations, lower life expectancy and other high-risk groups.

Penn State Health has completed five cycles of community health needs assessments and has established a long legacy of community health programming. Many programs identified in our current plan will carry forward into the new plan and be further developed and enhanced. For example:

- Pennsylvania Psychiatric Institute will continue Mental Health Signs and Symptoms training.
- NARCAN distribution and education, as well as a comprehensive drug safety program, including education, drug take-back days and boxes, lock boxes and DisposeRx drug disposal packet distribution will continue.
- The Berks County Veggie Rx program has been so successful, it will be expanded into Lebanon County.
- The Pantries and Wellness Support (PaWS) program started at the Milton S. Hershey Medical Center will expand cardiovascular screenings and health education into additional food pantries across our community in all six counties.
- The Penn State Health Holy Spirit Medical Center Medical Outreach Clinic will bring free health services to community members in the Allison Hill neighborhood of Harrisburg, Pa.
- Penn State Health Rehabilitation Hospital will plan its extremely popular Rec Fest event to introduce adaptive recreational activities.
- The Hershey Medical Center bike share program will continue to expand into our community, and the adult and pediatric trauma and injury prevention outreach program will address auto, bike and pedestrian safety.
- Disease-specific support groups, health screenings and outreach and navigation programs will continue to be a focus of all hospitals to aid and educate our communities.
- Our dental clinics and residency training programs will serve community members who need this important care to support their overall good health.

- We will continue annual flu shot events in underserved community locations, ensuring these important vaccines can be received by everyone.
- We will continue to adapt our programming as needed to respond to COVID-19.

All hospitals will partner with the following Penn State College of Medicine experts:

- Penn State Addiction Center for Translation
- Penn State Center for the Protection of Children
- Penn State REACH (Racial and Ethnic Approaches to Community Health) program
- Penn State PRO Wellness
- Penn State Project ECHO (Extension for Community Healthcare Outcomes)
- Band Together, strength training program
- Penn State Cancer Institute
- Medical student programs, including the Health Systems Science Patient Navigation and Culinary Medicine courses and the Student-run and Collaborative Outreach Program for Health Equity (SCOPE).
- Penn State Health Office for Diversity, Equity and Inclusion pipeline programs
- Penn State College of Medicine Department of Public Health Sciences
- Community Health Equity & Engagement in Research (CHEER) program
- Penn State College of Nursing

More internal Penn State and Penn State Health projects will be identified to partner with over the course of this plan.

The following pages show the actions that will address our prioritized health needs over the next three years, as well as the specific hospital addressing each need. Pennsylvania Psychiatric Institute in partnership with Penn State Health will focus their expertise on the Mental Health and Health Equity priorities. The Wellness and Disease Prevention priority will be addressed by Penn State Health hospitals.

The information is organized by priority and subcategories, and includes:

- Description of the health concerns found through the CHNA process
- The responsible hospitals
- Initiatives the hospitals intend to implement
- Anticipated health impact of these strategies based on achieving set goals, indicators and objectives
- Projected resources
- Potential community partners related to the plan

Strategies included are evidence-based, or strategies that will be evaluated, to ensure the most effective use of community and hospital resources. All outcomes will be tracked and any necessary adjustments to this plan will be shared in annual reports that will be communicated publicly on our websites.

# **Priority #1: Mental Health**

According to the 2021 County Health Rankings, within the six-county service area, the average number of mentally and physically unhealthy days reported in the past 30 days has continued to increase, with more mentally unhealthy days being reported than physically unhealthy days. Fifty-seven percent of adults who responded to our community member survey had at least one poor mental health day in the past month (up from 54% in the 2018 survey), and 1 in 10 individuals reported 15 or more days of poor mental health. Among the LGBTQ+ population, 63% said depression was a top-three health concern, according to the 2020 LGBTQ Health Needs Assessment.

Eighteen percent of community members who responded to our survey needed and received mental health services. However, 1 in 11 individuals needed, but did not receive, mental health services. Furthermore, according to the 2019 Pennsylvania Youth Survey, 40% of children in the service area reported feeling sad or depressed most days in the past year, and 1 in 6 reported considering suicide one or more times in the past year.

"I think that our largest community health issue, which is of epidemic proportions, is childhood traumaladverse childhood experiences." - Community Member Survey comment

"For mental health and substance use disorder, there are services available, but not always enough." - Key Informant Survey comment

#### Goal

Improve mental health through prevention, intervention and support.

#### **Overarching Indicators/Measurements for Success**

- Reduce the number of poor mental health days reported by adults in the past 30 days.
- Decrease the percentage of children reporting feeling sad or depressed most days in the past year.
- Decrease the number of drug overdose deaths per 100,000 population.

## **Behavioral Health Education and Prevention**

Offer and increase/expand behavioral health training and education, such as Mental Health Signs and Symptoms, Crisis Intervention Team (CIT) and substance use and harm reduction trainings, especially to students, families, people of color, those who identify as LGBTQ+ and the general community. Expand the drug safety program, which includes storage of medications and safe disposal at home, drop boxes on the Hershey Medical Center campus and drug take-back days.

Responsible Party: Pennsylvania Psychiatric Institute, Penn State Health Milton S. Hershey Medical Center, Penn State Health Holy Spirit Medical Center, Penn State Health St. Joseph Medical Center and Penn State Health Hampden Medical Center

Program Goal	Short-Term Objectives (Year 1)	Medium-Term Objectives (Year 2)	Long-Term Objectives (Year 3)
Expand and increase behavioral health training and education.	1. Offer Mental Health Signs/Symptoms trainings.  5 to teachers  3 to law enforcement  2 to community health workers (CHWs)  Collaborate with the Dauphin County District Attorney's Office to offer 3 CIT trainings.	1. Offer Mental Health Signs/Symptoms trainings.  Use train-the-trainer to educate 3 CHWs on offering Mental Health Signs/Symptoms training.  Offer 3 Mental Health Signs/Symptoms trainings to students in grades 7 and higher.	1. Offer Mental Health Signs/Symptoms trainings.  By the end of the 3rd year, over 800 individuals will have received Mental Health Signs/Symptoms training.
	Provide substance use     education via 15 lectures,     trainings, webinars or health     fairs.	Expand substance use education via lectures, trainings, webinars or health fairs in 2 additional counties and within the Bureau of Prisons.	Provide substance use     education via 15 lectures,     trainings, webinars or health     fairs among 2 additional     populations (LGBTQ+,     religious, people of color,     etc.).
	3. Distribute naloxone, lock boxes and safe disposal pouches at 2 health fairs in our service area.	3. Distribute naloxone, lock boxes and safe disposal pouches at 2 additional health fairs in our service area.	3. Distribute naloxone, lock boxes and safe disposal pouches at 2 additional health fairs in our service area.

## **Behavioral Health Resources, Support and Collaboration**

Join or develop a collaborative workgroup to share and promote behavioral health resources and availability. Seek grants to fund development and maintenance of a behavioral health resource database, while promoting current resources such as 988, PA 211 and the 741741 crisis text line, especially within local school districts. Provide increased substance use intervention and treatment via a SMART Recovery support group and the availability of additional addiction medicine fellows and physicians within the Advancement in Recovery (AIR) program and addiction medicine fellowship.

Responsible Party: Pennsylvania Psychiatric Institute (PPI), Penn State Health Milton S. Hershey Medical Center, Penn State Health Holy Spirit Medical Center, Penn State Health St. Joseph Medical Center and Penn State Health Hampden Medical Center.

Program Goal	Short-Term Objectives (Year 1)	Medium-Term Objectives (Year 2)	Long-Term Objectives (Year 3)
Collaborate with other organizations to develop an inventory of behavioral health resources and support systems.	1. Develop Opportunities to Collaborate  Join a collaborative already in place, such as the HEAL PA initiative.  Apply for PSH Community Relations and Association for Faculty and Friends grants.*  Gather and create an inventory of mental health and substance use resources.	Maintain and expand the inventory of mental health and substance use resources.	Maintain and expand the inventory of mental health and substance use resources.
	Build relationships with 3     superintendents to discuss     mental health resource     promotion.	2. Collaborate with 3 school districts to add PA 211 and 741741 as resources in students' agenda books.	Continue collaborating with school districts to promote mental health resources.
	3. Collaborate with PA 211 to increase awareness of mental health resources.  • Obtain baseline statistics on PA 211 mental health resource usage.	3. Determine increase in PA 211 mental health resource use during Year 1 and increase by 10%.	3. Meet or exceed target of 10% increase in use of PA 211 mental health resources.
	4. PSH Government Relations will meet with PSH leadership to review and assess mental health priorities and needs for the next 2 years.	4. PSH Government Relations will work on addressing the mental health priority areas identified in Year 1.	4. PSH Government Relations will continue to work on addressing the mental health priority areas identified in Years 1 and 2.
	<ul> <li>5. Recruit additional providers.</li> <li>Recruit 5 physicians focused on addiction to the AIR program.</li> <li>Recruit 2 fellows to the addiction medicine fellowship and obtain a baseline number of patients seen in clinics at PPI.</li> </ul>	5. Increase the number of patients receiving methadone or buprenorphine treatment at PPI clinics by 45%.	5. Maintain the number of patients receiving methadone or buprenorphine treatment at PPI clinics.
	6. Initiate 1 SMART Recovery support group.	6. Initiate 1 SMART Recovery Friends and Family support group.	6. Continue to offer 2 SMART Recovery support groups.

<sup>\*</sup> PSH = Penn State Health

# Priority #2: Health Equity

Social determinants of health impact nearly 80% of health outcomes. These often result in gaps in care, which means that some groups of vulnerable populations are receiving less health care than others. According to the United Way's 2020 Asset Limited, Income Constrained, Employed (ALICE) report, 27% of households in the service area earn above the poverty level but below the cost of living. One community member stated, "Many of the supports offered regarding food or health care are aimed at those who are eligible for free government programs, but there are many of us who are in the 'working poor' category who qualify for nothing." When asked about inequity in health care, one community leader mentioned, "Most people are forced to travel outside of an hour to get to doctors who accept Medicaid or Medicare." However, many individuals don't seek care at all due to a lack of transportation. The top four reasons why community leaders believe people who have health insurance do not receive care are: inability to afford care, challenges of navigating the health care system, lack of transportation and feeling healthy and thinking they don't need preventive health care. Community members identified social determinants of health, racism, LGBTQ+ discrimination, lack of diversity in health care and housing as additional causes of inequitable care.

"Improve competency working with marginalized populations; increase communication between medical, mental health and social support services." - Key Informant Survey comment

"I think we need to get services to where people are instead of getting them to the services." - Community Member Survey comment

#### Goals

- Bridge systemic gaps in care by expanding community access and navigation points in collaboration with community partners.
- Expand language and practices that are sensitive to issues like social determinants of health, racism and LGBTQ+ discrimination by promoting trauma-informed care (TIC).

"Build relationships with respected members in the communities that can become a liaison for their community and available resources." - Key Informant Survey comment

## **Overarching Indicators/Measurements for Success**

- Reduce disparities in life expectancy within our service area.
- Increase the percentage of adults with a routine checkup in the past year.
- Decrease the average scores of the Community Need Index, Social Vulnerability Index or Area Deprivation Index.

## **Community Access Points**

Ensuring that individuals across our service area can access quality health care regardless of circumstance is integral to the Penn State Health mission. The focus of this plan is to identify key partnerships with organizations that are trusted by their communities. These organizations serve as health care access and navigation points to underserved members of our service area through outreach locations and events that provide free or low-cost health care and education. Examples of these include food pantries, health fairs, community centers or any opportunity that can connect a community member to health services or aid in navigating the health care system. Through these connections, we will be better able to target health outreach to communities who need it most.

Responsible Party: Penn State Health Milton S. Hershey Medical Center, Penn State Health Holy Spirit Medical Center, Penn State Health St. Joseph Medical Center, Penn State Health Hampden Medical Center, Pennsylvania Psychiatric Institute and Penn State Health Rehabilitation Hospital.

Program Goal	Short-Term Objectives (Year 1)	Medium-Term Objectives (Year 2)	Long-Term Objectives (Year 3)
Collaborate with formal and informal community leaders to find community access and navigation points to enhance health outreach.	1. Collaborate to create and maintain an inventory of community health care access points in highest need areas, focusing on health needs specific to community.	1. Maintain and update inventory of community health care access and navigation points, and increase number of community access points by 6 locations/events.	1. Maintain and update inventory of community health care access and navigation points, increase number of community access points by 12 locations/events and assess the community impact.
	2. Uplift partnership with United Way:  • Support promotion of PA 211 program.  • Run PSH United Way campaign.  • Hire Contact to Care CHW to implement CHW program for PSH in Cumberland, Dauphin and Perry Counties.	2. Continue partnership with United Way:  • Continue supporting promotion of PA 211 program.  • Run PSH United Way campaign, increasing donations by 3%.  • Develop PSH Contact to Care CHW program for Cumberland, Perry and Dauphin counties.	<ul> <li>2. Continue partnership with United Way:</li> <li>Continue supporting promotion of PA 211.</li> <li>Run United Way campaign, increasing employee contributions by 3%.</li> <li>Assess United Way CHW program.</li> </ul>

## **Trauma Informed Communities**

Penn State Health and its partnering organizations are committed to a TIC model. This is a healing-centered approach that assumes an individual is more likely than not to have a history of trauma. Trauma can include violence, crime, poverty, racism, LGBTQ+ discrimination and the effects of COVID-19. Changes in communities and health care settings can be made to emphasize respecting and appropriately responding to the effects of trauma at all levels. The University of Buffalo and the United Way describe TIC as a shift from asking, "What is wrong with this person?" to "What has happened to this person and how do we help?" We will assess language used in communities and community organizations to examine stories around trauma, care and health. This will help us to determine how Penn State Health and its partners can make adjustments.

Responsible Party: Penn State Health Milton S. Hershey Medical Center, Penn State Health Holy Spirit Medical Center, Penn State Health St. Joseph Medical Center, Penn State Health Hampden Medical Center, Pennsylvania Psychiatric Institute and Penn State Health Rehabilitation Hospital

Program Goal	Short-Term Objectives (Year 1)	Medium-Term Objectives (Year 2)	Long-Term Objectives (Year 3)
Expand trauma- informed and healing-centered practices across the service area.	Collaborate to create and maintain an inventory of community organizations already promoting traumainformed practices.	1. Increase PSH involvement in statewide trauma-informed care work by:  • Serving on three task forces  • Expanding occupational therapy education on sensory needs of children to 2 counties	Begin to educate at the state level on how to implement trauma-informed processes.
	Partner with community organizations to identify existing TIC training options for PSH staff.	2. In partnership with community organizations, offer 2 TIC trainings to PSH staff that are also open to the community to participate.	2. In partnership with community organizations, offer 2 TIC trainings to PSH staff that are also open to the community to participate.

# **Projected Resources**

Pennsylvania Psychiatric Institute is committed to understanding how and why behavioral health illnesses develop and can best be treated. During FY 2021, PPI served a total of 45,392 patients: 3,322 children (ages 4 to 12), 8,328 adolescents (ages 13 to 18), 29,312 adults (ages 19 to 64) and 4,430 mature adults (ages 65 and older). Our patients came from 51 counties in Pennsylvania. More than \$159,861 in charitable care was provided to patients who did not have insurance or were unable to pay. Pennsylvania Psychiatric Institute staff are a professional resource for community organizations and are frequently asked to provide trainings and seminars. During FY 2021, staff provided 80 hours to train 220 individuals. To date, this training has helped 1,011 community professionals and volunteers recognize the symptoms of mental health issues and provide appropriate first aid support and referrals for care. Over the next three years, Pennsylvania Psychiatric Institute will continue its commitment to serving the community through continued and improved access to services, voluntary programs and ongoing education.

# Additional Information and Feedback

We thank our community partners and employees for their invaluable contributions to the CHNA and this Implementation Plan, which was developed to foster collaboration and improve the health of all residents in the region. For additional information about the CHNA, Implementation Plan and opportunities to partner, please contact us at <a href="CHNA@">CHNA@</a> <a href="CHNA@">Dennstatehealth.psu.edu</a>.

To provide feedback at any time please link or scan:

Link: https://redcap.link/34eua53p





# **Board Approval**

The CHNA Implementation Plan was reviewed and approved by the hospitals' boards of directors and made available to the public via each hospital's website:

Penn State Health Milton S. Hershey Medical Center

Penn State Health Holy Spirit Medical Center

Penn State Health St. Joseph Medical Center

Penn State Health Hampden Medical Center pennstatehealth.org/community

Pennsylvania Psychiatric Institute ppimhs.org/about-us/community-programs

Penn State Health Rehabilitation Hospital psh-rehab.com/patients-and-caregivers/admissions/community-health-needs-assessment/

# **Community Partners Related to This Plan\***

Age Wave Coalition

**American Cancer Society** 

American Heart Association - Eastern States

American Stroke Association

**Anchor Lancaster** 

Beacon Clinic

**Bell & Evans** 

Berks Alliance

**Berks Counseling Center** 

Berks County Office of Mental Health and Developmental Disabilities

**Better Together** 

Blue Mountain Academy

Capital Area Coalition on Homelessness

Capital Area Head Start

Capital Area Intermediate Unit and Early Intervention Services

Case Management Unit (CMU) Harrisburg

**Catholic Charities** 

Center for Independent Living of Central Pennsylvania

Central Pennsylvania Food Bank

Christian Churches United

**Church World Services** 

City of Harrisburg

Cocoa Packs

Communities Practicing Resiliency

Community Check-Up Center

Community Cupboard

Community Health Council of Lebanon County

**CONTACT Helpline** 

CoreCivic

Council on Chemical Abuse

Cumberland County Housing & Redevelopment Authorities

Cumberland County Library

Cumberland/Perry County Mental Health, Intellectual & Developmental Disabilities

Dauphin County Department of Mental Health/Autism/Developmental Programs

Dauphin County District Attorney's Office

Dauphin County Health Improvement Partnership

Dauphin County Human Services

Dauphin County Parks and Recreation

**Dauphin County** 

Trauma-Informed Collaborative

**Derry Township** 

Derry Township Department of Parks and Recreation

Derry Township School District

Domestic Violence Intervention

of Lebanon County

Episcopal Church of the Nativity and St. Stephen, Newport

Family Health Council of Central Pennsylvania Farmers Market in Hershey

Feeding Pennsylvania

Gather the Spirit for Justice

**GIANT** 

**Grantville Food Pantry** 

Harrisburg Area Community College

Harrisburg Area YMCA Harrisburg Bicycle Club Harrisburg City FARM

Harrisburg Resists and Responds Coalition

Harrisburg School District

**HEAL PA** 

**Hershey Community Gardens** 

Hershey Plaza Highmark

Hope Within Ministries
Hummelstown Food Pantry

Interdenominational Ministers' Conference

of Greater Harrisburg
International Service Center
Joy of Sports Foundation

Kline Foundation

Lancaster LGBTQ+ Coalition

Lancaster Public Library

Latino Connection

Latino Hispanic American Community Center

**Lebanon County Christian Ministries** 

Lebanon Free Clinic
Lebanon School District
Lebanon Valley College
Lebanon Valley Tennis
LGBT Center of Central PA

Lower Dauphin Communities that Care

Lower Dauphin School District

Manna Food Pantry

Middletown Food Pantry Mohler Senior Center

**NAACP** Greater Harrisburg

**NAACP** Lancaster

National Alliance on Mental Illness

of Dauphin County

National Pan-Hellenic Council of Greater Harrisburg

**New Hope Ministries** 

Northern Dauphin Human Services Center

PA AHEC

PA Recovery Organizations Alliance (PRO-A)

**PA State Police Cadets** 

Partnership for Better Health

Penn Medicine Lancaster General Health

Penn National Race Course

Penn State Extension
Penn State Harrisburg

Pennsylvania Area Health Education Center

Pennsylvania Department

of Conservation and Natural Resources

Pennsylvania Department of Health

Pennsylvania Diversity Coalition

Pennsylvania Office of Attorney General

Pennsylvania Prison Society

Pennsylvania State Police Academy

Pennsylvania State University
Perry County Health Coalition
Perry County Literacy Council

**PNC** Foundation

**ProspHire** 

Reading School District Recycle Bicycle Harrisburg

Rite-Aid Foundation

ruOK? Berks

Samara

SAMBA – Susquehanna Area Mountain Bike Association

Seeds to Supper

Simpson Public Library

Spanish American Civic Association

**Steelton Food Pantry** 

Steelton-Highspire School District

**Tandem Mobility** 

The Caring Cupboard

The Common Wheel

The Food Trust

The Salvation Army

The Salvation Army Harrisburg

Capital City Region

The Wyomissing Foundation

**Transgender Training Institute** 

Truth and Reconciliation Commission

**Union Community Care** 

United Way of Berks County

United Way of Lebanon County

United Way of Pennsylvania

United Way of the Capital Region

University of Pittsburgh Medical Center

(UPMC)

Vista School

Walmart

Waterstreet Ministries

WellSpan Health

YMCA Center for Health Living

YMCA of Reading and Berks County

Young Professionals of Color

- Greater Harrisburg

YWCA Greater Harrisburg

ZenFit

<sup>\*</sup> This list is not all inclusive and we anticipate adding partners as the plan moves forward.

# References

Centers for Disease Control and Prevention/Agency for Toxic Substances and Disease Registry/Geospatial Research, Analysis, and Services Program. *CDC/ATSDR Social Vulnerability Index*, 2018.

Dignity Health. Community Need Index, 2020. Retrieved from <a href="http://cni.chw-interactive.org/">http://cni.chw-interactive.org/</a>.

Pennsylvania Commission on Crime and Delinquency. *Pennsylvania Youth Survey – Substance Abuse & Anti-Social Behaviors*, 2019.

Pennsylvania Department of Health. *Enterprise Data Dissemination Informatics Exchange (EDDIE)*, 2021.

Pennsylvania Department of Health. School Health Statistics, 2013-18.

Research & Evaluation Group at Public Health Management Corporation and Bradbury-Sullivan LGBT Community Center. 2020 Pennsylvania LGBTQ Health Needs Assessment, 2020.

The Advisory Board Company. Demographic Profiler, 2021.

The United Way. ALICE Threshold, 2018.

United States Census Bureau. American Community Survey (ACS) 5-year Estimates, 2015-2019.

University at Buffalo Institute on Trauma and Trauma-Informed Care. What is Trauma-Informed Care?, 2015.

University of Wisconsin Health Innovation Program. Area Deprivation Index, 2019.

University of Wisconsin Population Health Institute. County Health Rankings, 2021.

U.S. Department of Health and Human Services. *Physical Activity Guidelines for Americans*. 2nd ed. Washington, DC: U.S. Dept of Health and Human Services, 2018.



A Collaboration of Penn State Health & UPMC Pinnacle

2022-2025